

DSM – 5 Criteria for Diagnosis of Alcohol Use Disorder

Answer the following questions based on your experience over the past 12 months.

Do you consume alcohol in larger amounts or over a longer period of time than you intended?

Yes No

Do you experience a persistent desire or engage in unsuccessful efforts to cut down or control your alcohol use?

Yes No

Do you spend a great deal of time in activities necessary to obtain alcohol, use alcohol, or recovery from the effects of alcohol?

Yes No

Do you experience cravings or a strong desire to use alcohol?

Yes No

Has recurrent alcohol use resulted in a failure to fulfill major role obligations at work, school or home?

Yes No

Have you continued to use alcohol despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of alcohol?

Yes No

Have you given up or reduced important social, occupational or recreational activities because of alcohol use? **Yes No**

Have you recurrently used alcohol in situations in which it is physically hazardous or dangerous?

Yes No

Have you continued to use alcohol despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by alcohol?

Yes No

Have you acquired a tolerance to alcohol or a need to consume increased amounts of alcohol to achieve intoxication or desired effects?

Yes No

Have you experienced withdrawals from using opioids?

Yes No

Total Numbers of 'Yes': _____

Severity: **Mild:** 2-3 symptoms. **Moderate:** 4-5 symptoms. **Severe:** 6 or more symptoms