

## **DSM – 5 Criteria for Diagnosis of Alcohol Use Disorder**

Answer the following questions based on your experience over the past 12 months.

Do you consume alcohol in larger amounts or over a longer period of time than you intended?

**Yes      No**

Do you experience a persistent desire or engage in unsuccessful efforts to cut down or control your alcohol use?

**Yes      No**

Do you spend a great deal of time in activities necessary to obtain alcohol, use alcohol, or recovery from the effects of alcohol?

**Yes      No**

Do you experience cravings or a strong desire to use alcohol?

**Yes      No**

Has recurrent alcohol use resulted in a failure to fulfill major role obligations at work, school or home?

**Yes      No**

Have you continued to use alcohol despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of alcohol?

**Yes      No**

Have you given up or reduced important social, occupational or recreational activities because of alcohol use?

**Yes      No**

Have you recurrently used alcohol in situations in which it is physically hazardous or dangerous?

**Yes      No**

Have you continued to use alcohol despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by alcohol?

**Yes      No**

Have you acquired a tolerance to alcohol or a need to consume increased amounts of alcohol to achieve intoxication or desired effects?

**Yes      No**

Have you experienced withdrawals from using opioids?

**Yes      No**

**Total Numbers of 'Yes': \_\_\_\_\_**

**Severity: Mild:** 2-3 symptoms.      **Moderate:** 4-5 symptoms.      **Severe:** 6 or more symptoms